



THREE DAY AGENDA 2015-2016

Executive Director and Lead Faculty of CAPP A Lactation Programs  
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Thank you for your interest in the Certified Lactation Educator Training. CAPP A offers the only Certified Lactation Educator Course (CLE™) available. This training has increased in popularity and attendance, making it a wonderful certification to add to anyone’s resume. The Certified Lactation Educator Training is a professional, evidence-based course that prepares students to effectively communicate many aspects of breastfeeding. **While the course is called the “20” Hour Course, it is a combination of the WHO 20 Hour Curriculum, the USBC Curriculum, and the CAPP A Lactation Educator Curriculum. Therefore the total hours in class will be 24, not 20.**

**\*Daily Schedule**

- 08:30 - 10:10 Morning Session
- 10:10 - 10:30 Morning Break
- 10:30 - 12:00 Mid-morning Session
- 12:00 - 01:00 Lunch Break
- 01:00 - 03:10 Afternoon Session
- 03:10 - 03:30 Afternoon Break
- 03:30 - 05:30 Mid-afternoon Session
- 5:30 Dismissal

DAY ONE	DAY TWO	DAY THREE
CLE and Breastfeeding Professionals	Prenatal Concerns	Nutrition and Breastfeeding
Bias and Culture	Birth and Lactation	Breastmilk Expression
Breastfeeding History	Breastfeeding in the Hspital	Maternal Challenges
Adult Learning	Breastfeeding at Home	Infant Challenges
Value of Human Milk for Human Babies	Successful Starts	Medications and Milk
Anatomy and Physiology of the Breast	Communication Skills	Curriculum Development